# The Senior Farmers' Market Nutrition Program continues for the 2020 season!



# Get your book of \$25 worth of farmers' market coupons in just two easy steps:

- Pickup an application at our office, or download a copy at www.agelinc.org.
- Bring the completed application AND your Driver's License/State ID to our office on S. MacArthur Blvd.
- If a proxy is designated, the proxy needs to bring the application, applicant's Driver's License/State ID, and proxy's Driver's License/State ID.

To keep you safe during this time of social distancing, coupon distribution will be done via curbside service only.

- Please fill out all forms before arriving.
- Stay in your car and call us at (217) 787-9234. One of our staff members will meet you.
- All staff will follow proper COVID-19 safety guidelines.
- Coupon books will be distributed on a first-come, first-served basis.

## WHERE & WHEN

Monday-Friday, 8:30am-3:30pm

All summer long until supplies run out AgeLinc, 2731 S. MacArthur Blvd., Springfield, IL 62704

Contact AgeLinc at (217) 787-9234 with any questions.



Phone: (217) 787-9234 Fax: (217) 787-6290 www.agelinc.org

# **The Senior Farmers' Market Nutrition Program**

The Senior Farmers' Market Nutrition Program (SFMNP) is federally funded by the United States Department of Agriculture (USDA) and is coordinated by Illinois Department of Human Services (IDHS), Bureau of Family Nutrition, and Illinois Department on Aging (IDoA).

The purpose of the SFMNP is to encourage low income seniors to eat more fruits, vegetables, cut herbs, and harvested honey; help farmers increase their sales of locally grown fruits, vegetables, cut herbs, and harvested honey; and increase awareness of farmers' markets and roadside stands in communities.

### Who Qualifies to Receive SFMNP Checks?

Seniors at least 60 years and older (or Native Americans 55 years and older) and have a household income at or below 185% of the federal poverty income guidelines.

#### **How Much Do Seniors Get?**

- Qualifying seniors receive one SFMNP booklet per senior, per year.
- Booklets are limited each year and are given on a first-come, first-served basis.
- The value of each check is \$5. A booklet has five checks, for a total of \$25.

#### **SFMNP Check Guidelines**

- Checks can be used at farmers' markets or roadside stands July 10-October 31.
- To purchase from an authorized farmer at a market or roadside stand, look for the purple and white FMNP sign at the vendor's booth.
- Food items that cannot be purchased with SFMNP checks include, but are not limited to:
  - Jams/jellies

Flowers

Miniature pumpkins

- Juices/ciders
- Eggs

Gourds

- Baked goods
- Popcorn

Nuts

- Dried beans/peas
- Ornamental corn
- No cash, change, credit, or refunds can be given on purchases made with SFMNP checks. The participant is responsible for paying any amount over the amount covered by the check(s).

