

Area Agency on Aging



for Lincolnland

PUBLIC INFORMATION DOCUMENT

FY 2019 – 2021 Area Plan

Introduction

The Area Agency on Aging for Lincolnland is finalizing its FY 2019-2021 Area Plan. This plan includes programs, services, and other activities funded under the Older Americans Act and through the Illinois Department on Aging.

Purpose of the Public Information Document: This document contains a summary of important elements of the Area Plan. It is designed to facilitate public understanding of how the Area Agency on Aging intends to address the service needs and issues facing older persons and family caregivers in its 12-county planning and service area. **Copies will be made available beginning April 26, 2019** at the AAAL office and the AAAL website <http://www.aginglinc.org> Copies will also be available at the public hearing sites on the day of the hearing or upon request by emailing caustin@aginglinc.org.

Public Hearings

The purpose of the Public Hearings is to accept testimony from interested individuals pertinent to the Area Plan. Three (3) Public Hearings have been scheduled in order to obtain comments and feedback from area residents regarding the FY 2019-2021 Area Plan. Area residents will have approximately three (3) weeks to review the Public Information Document and contact the Area Agency on Aging with any questions. At the public hearings, one hour will be allotted to accept testimony without discussion. Public Hearings are scheduled as follows.

Thursday, May 30, 2019

10am-11am/ Logan County

Logan Court High Rise Dining Room (CAPCIL Congregate Meal Site)

1028 N. College St.

Lincoln, IL 62656

(217)732-7776

Thursday, May 30, 2019

2pm-3pm/ Mason County

Havana Public Library

201 W. Adams

Havana, IL

(309)543-4701

Friday, May 31, 2019

10am- 11am/ Christian County

Senior Citizens of Christian County

701 West Adams St.

Taylorville, IL 62568

(217)824-4263

Testimony or comments may be presented verbally or in writing. Those present at the public hearing are encouraged to submit a written copy of comments. If you are not able to attend the public hearing, you are encouraged to submit a written testimony, which is **due no later than 4:00 p.m. on May 31, 2019**. A Summary of oral and written testimony regarding the 2019-2021 Area Plan will be presented to the Agency's Advisory Council and the Board of Directors and will also be forwarded to the Illinois Department on Aging (IDOA) on or before July 1, 2019.

Area Agency on Aging for Lincolnland

The Area Agency on Aging for Lincolnland, Inc., (AAAL) is one of more than 600 Area Agencies on Aging nationwide and one of thirteen in Illinois. Since 1974, the Area Agency on Aging for Lincolnland has been designated by the Illinois Department on Aging to serve older adults and family caregivers residing in Planning and Service Area 07, which comprises the counties of **Cass, Christian, Greene, Jersey, Logan, Macoupin, Mason, Menard, Montgomery, Morgan, Sangamon, and Scott**.

Area Agencies on Aging are responsible for planning services that will help meet the needs of older adults and caregivers, coordinating resources in order to facilitate a comprehensive service delivery system, and acting as an advocate for older adults residing in the Planning and Service Area. The Area Agency on Aging works as an area-wide focal point for aging issues, to create an awareness of aging and caregiving issues and to encourage the development and coordination of services to address those issues.

The Area Agency is an independent 501c3 not-for-profit organization governed by a Board of Directors whose members represent each county in the Planning and Service Area (PSA). AAAL also has an Advisory Council whose members, also representatives of the counties in the PSA, provide input on the needs and concerns of older adults in their respective counties.

The Area Agency on Aging for Lincolnland receives State and Federal funding through the Illinois Department on Aging and awards grants and contracts for a variety of services to local service providers throughout the area. Most funding is provided to service providers throughout Planning and Service Area 07 for the following funded services:

Adult Protective Services, Congregate and Home Delivered Meals, Caregiver Access and Assistance, Caregiver Counseling, Evidence-based Health Promotion, Information and Assistance, In-Home Respite, Legal Assistance, Long-Term Care Ombudsman, Options Counseling, Senior Health Insurance and Assistance, Senior Services Employment Specialist, the Senior Farmer's Market Nutrition Program and Transportation.

The Area Agency provides some services directly as well, usually in cooperation and coordination with other Service Providers including: Information and Assistance, Senior Health Insurance and Assistance and

However, sometimes the Area Agency is the sole provider of services in Planning and Service Area 07. This includes: initial screening for a Senior Employment Training Program, Creating and Sustaining Dementia-Capable Service Systems for People with Dementia and their Family Caregivers, Caregiver Education and Support, Gap Filling, and fulfilling administrative responsibilities for the Adult Protective Services Program and Community Care Program of the Illinois Department on Aging.

There is no charge for the services but voluntary contributions to the service provider agency are

accepted. Such donations are used by the programs to provide additional service(s).

FY19 Board of Directors & Advisory Council

<u>Board of Directors</u>	<u>County</u>	<u>Advisory Council</u>
Mr. Brian Kenney (Secretary)	Cass	Vacant
Ms. Joan Lawrence (Treasurer)	Christian	Ms. Lois Hesse Ms. Evelyn Hildebrand
Ms. Natalie Umphress	Greene	Ms. Billye Griswold (Chair) Mr. Kirby Ballard
Ms. Teresa Muntz (President)	Jersey	Mr. Larry Muntz
Vacant	Logan	Ms. Marilyn Lowery
Mr. Morrie Giaudrone	Macoupin	Ms. Cathy Petrak
Ms. Susan Dierker-Becker (Vice President)	Mason	Ms. Susan McFarlin
Vacant	Menard	Ms. Sandra Klein Ms. Anne Smith
Vacant	Montgomery	Mr. Louis Lewey
Ms. Jane Masters	Morgan	Ms. Susan Rutter
Dr. Jonna Cooley, PhD	Sangamon	Mr. Anthony Moore Mr. Don Hunt
Ms. Phyllis Jefferson	Scott	Mr. Neal Cooper

Area Agency on Aging Mission

Section 1321.53 (a) of the Rules and Regulations of the Administration on Aging (1988) defined the mission of Area Agencies on Aging under the Older Americans Act as follows:

THE AREA AGENCY ON AGING SHALL BE THE LEADER RELATIVE TO ALL AGING ISSUES ON BEHALF OF ALL OLDER PERSONS IN THE PLANNING AND SERVICE AREA. THE AREA AGENCY SHALL PROACTIVELY CARRY OUT, UNDER THE LEADERSHIP AND DIRECTION OF THE STATE AGENCY (IDOA), A WIDE RANGE OF FUNCTIONS RELATED TO ADVOCACY, PLANNING, COORDINATION, INTER-AGENCY LINKAGES, INFORMATION SHARING, BROKERING, MONITORING AND EVALUATION, DESIGNED TO LEAD TO THE DEVELOPMENT OR ENHANCEMENT OF COMPREHENSIVE AND COORDINATED COMMUNITY-BASED SYSTEMS IN, OR SERVING, EACH COMMUNITY IN THE PLANNING AND SERVICE AREA. **THESE SYSTEMS SHALL BE DESIGNED TO ASSIST OLDER PERSONS IN LEADING INDEPENDENT, MEANINGFUL AND DIGNIFIED LIVES IN THEIR OWN HOMES AND COMMUNITIES AS LONG AS POSSIBLE.**

Profile of the Older Population of the Planning and Service area

Planning and Service Area 07 consists of twelve counties: Cass, Christian, Greene, Jersey, Logan, Macoupin, Mason, Menard, Montgomery, Morgan, Sangamon, and Scott. The area covers 6,742 square miles and is home to 112,866 individuals aged 60 and over, according to 2017 Census Population Estimates.

The PSA is predominantly rural, although the Federal Office of Management and Budget (OMB) includes the following four area counties in Metropolitan Statistical Areas: Jersey, Macoupin, Menard, and Sangamon. The 60 and older population of these four counties accounts for 56% of the older adults in PSA 07.

AARP estimates that 16.6 percent of adult persons over 60 are informal or family caregivers to other older persons. For the PSA07 area alone, there are an estimated 18,735 people acting as primary informal caregivers for individuals over the age of 60 with more than 5,000 Grandparents (or other relatives) Raising Grandchildren (up to age 18).

PSA 07 Demographic Characteristics of Older Persons

County	Total 60+	60+ Poverty	60+ Minority	60+ Live Alone	75+
Cass	2,947	147	182	820	1,002
Christian	8,808	739	163	2,375	3,071
Greene	3,489	308	61	915	1,149
Jersey	5,796	441	141	1,135	1,922
Logan	7,075	301	203	1,770	2,436
Macoupin	12,334	727	254	3,025	3,896
Mason	3,994	262	61	1,070	1,352
Menard	3,225	203	62	865	966
Montgomery	7,713	602	170	1,985	2,741
Morgan	8,967	6,22	308	2,205	3,011
Sangamon	47,171	3,189	4,442	12,590	13,784
Scott	1,347	142	20	355	484
PSA Total	112,866	7,683	6,067	36,530	36,015
State Total	2,736,286	231,776	724,981	631,945	828,508

(2017 Census Population Estimates & ACS 2013-2017 for Poverty)

Needs Assessment Process and Funding Priorities

The following activities were conducted as part of the planning process for FY 2019-21

- Client Satisfaction and Needs Assessment Surveys were distributed via mail, social network and e-mail to all Area Agency Advisory Council Members, Board Members, Clients, area legislative officials and members of our service communities.
- Client Satisfaction and Needs Assessment surveys were sent to all FY 2019 Title III Subgrantees and other providers of services to older adults and family caregivers.
- Client Satisfaction and Needs Assessment Surveys were sent to samples of clients receiving services through all county service areas.
- Relevant Needs Assessment Surveys from community, service providers and clients were reviewed by county and data calculated.
- Client Satisfaction Surveys (all funded services) were reviewed by county and data calculated.
- Current PSA 07 Subgrantees' unmet needs reports, program reports and fiscal reports were considered.
- The Area Agency's projected and actual service provision and expenditures by subgrantees were reviewed.

Service Provider and Community Needs Assessment Results

The results shown below represent the responses of current PSA 07 Subgrantees and other organizations serving PSA 07. Respondents from each of the twelve PSA counties provided completed Needs Assessment Services, ranging from Sangamon County (48.4% of the respondents reported serving Sangamon County) to Scott County (22.0% respondents reported)). 58% of respondent Subgrantees identified as not-for profit.

Access Services Rated Extremely Important, by Percentage of Respondents		Access Services – More Service Needed	
Transportation	(68.75%)	Transportation	(12.5%)
Assisted Transportation	(76.50%)	Assisted Transportation	(44.5%)
Information and Assistance	(67.25%)	Information and Assistance	(12.7%)
Legal Assistance	(53.33%)	Legal Assistance	(16.6%)
In Home Services Rated Extremely Important, by Percentage of Respondents		In Home Services – More Service Needed	
Home Health Care	(55.55%)	Home Health Care	(38.88%)
Home Delivered Meals	(68.11%)	Home Delivered Meals	(5.50%)
Respite	(50.00%)	Respite	(45.50%)
Community Services Rated Extremely Important, by Percentage of Respondents		Community Services – More Service Needed	
Elder Abuse	(68.80%)	Elder Abuse	(7.50%)
Adult Daycare Service	(50.00%)	Adult Daycare Service	(25.00%)
Routine Health Screening	(56.40%)	Routine Health Screening	(31.25%)
Congregate Meals	(56.62%)	Congregate Meals	(12.50%)
Diabetes Self-Management	(18.75%)	Diabetes Self-Management	(12.50%)
Chronic Disease Self-Management	(12.50%)	Chronic Disease Self-Management	(6.25%)
Adult Daycare Services	(31.25%)	Adult Daycare Services	(25.00%)
Senior Health Insurance Program	(75.00%)	Senior Health Insurance Program	(12.50%)
Matter Of Balance	(31.25%)	Matter of Balance	(12.50%)
Isolation Assessment/Prevention	(56.25%)	Isolation Prevention	(50.00%)
Family Caregiver Services Important, by Percentage of Respondents Rated Extremely		Family Caregiver Services – More Service Needed	
Respite	(50.00%)	Respite	(31.25%)
Case Management	(31.25%)	Case Management	(27.77%)
Access Assistance	(50.00%)	Access Assistance	(25.00%)
Legal Assistance	(56.25%)	Legal Assistance	(18.75%)
Counseling	(31.25%)	Counseling	(31.25%)
Training and Education	(56.25%)	Training and Educations	(18.75%)

Advisory Council Needs Assessment Survey Results

The Area Agency on Aging's Advisory Council survey response are summarized below. Respondents represent all PSA 07 counties with the exception of Mason.

Access Services Rated Extremely Important, by Percentage of Respondents	Access Services – More Service Needed
Transportation (79.17%)	Assisted Transportation (50.00%)
Outreach (54.17%)	Outreach (41.67%)
Information and Assistance (66.67%)	Information and Assistance (4.17%)
Legal Assistance (45.45%)	Legal Assistance (13.64%)
In Home Services Rated Extremely Important, by Percentage of Respondents	
Home Health (69.57%)	Home Health (39.13%)
Home Delivered Meals (70.83%)	Home Delivered Meals (29.17%)
Respite (56.52%)	Respite (30.43%)
Community Services Rated Extremely Important, by Percentage of Respondents	
Long Term Care Ombudsman (36.36%)	Long Term Care Ombudsman (14.45%)
Diabetes Self-Management (40.00%)	Diabetes Self-Management (30.00%)
Chronic Disease Self-Management (30.00%)	Chronic Disease Self Mngmt. (25.00%)
Congregate Meals (47.62%)	Congregate Meals (9.52%)
Elder Abuse (68.18%)	Elder Abuse (0.0%)
Matter of Balance (39.13%)	Matter of Balance (26.09%)
Senior Health Insurance Program (SHIP) (61.90%)	Routine Health Screening (4.76%)
Adult Daycare Service (42.86%)	Adult Daycare Service (57.14%)
Routine Health Screenings (60.87%)	Routine Health Screenings (13.04%)
Isolation Assessment/Prevention (66.57%)	Isolation Assessment/Prevention (50.00%)
Family Caregiver Services Rated Extremely Important, by Percentage of Respondents	
Training and Education (47.62%)	Training and Education (9.52%)
Access Assistance (50.00%)	Access Assistance (18.18%)
Counseling (40.91%)	Counseling (31.82%)
Gap Filling (47.62%)	Gap Filling (57.14%)
Respite (52.38%)	Respite (23.81%)
Legal Assistance (34.78%)	Legal Assistance (17.39%)
Case Management (42.86%)	Case Management (4.76%)

Client Satisfaction with Service Received

A review of FY 2019 Client Satisfaction Surveys, sent to a minimum of 50 participants in each Title III service, for each Subgrantee, yielded the information shown in the following chart. Respondents provided feedback in all service counties.

	Percentage of Overall Rating: Good or higher	Percentage of Overall Rating: Average	Percentage of Overall Rating: Poor
Transportation	94.7%	5.26%	00%
Information & Assistance	89.21%	7.14%	3.57%
Legal Assistance	72.73%	9.09%	9.09%
Home Delivered Meals	83.33%	12.5%	4.17%
Congregate Meals	69.57%	30.40%	00%
Caregiver Legal Assistance	66.67%	33.33%	00%
Caregiver Access Assistance	66.67%	33.33%	00%
Respite	84.62%	7.69%	7.69%
Caregiver Counseling	92.31%	7.69%	00%
Gap Funding	80.00%	20.00%	00%
Farmer Market Coupons	100.00%	00%	00%
SHAP	80.00%	20.00%	00%
Diabetes Self-Management	75.00%	25.00%	00%
Chronic Disease Self-Mgmt	33.33%	33.33%	33.33%

Services Funded

Allocations to the Area Agency are made by Title, and the Area Agency has limited authority to transfer funds among titles. General Revenue Funds (GRF) are used to supplement or match Federal funds. The Area Agency does not differentiate between state and federal funds in its allocations for services.

These services will be funded in FY 2019:

TITLE IIIB ACCESS SERVICES

Information and Assistance - A service for older individuals that may (A) provide individuals with current information on opportunities and services available to the individuals within their communities; (B) assess the problems and capacities of the individuals; (C) link the individuals to the opportunities and services that are available; (D) establish adequate follow-up procedures based on the older individual's needs.

Options Counseling – Options Counseling is not a Title III service. It is an adjunct to Information and Assistance. It is a component of the ADRC (Aging and Disability Resource Collaboration). The goal is to facilitate informed decision-making through person-centered planning concerning Long-Term Services and Supports (LTSS), as well as to aid in streamlining access to LTSS.

Transportation – Involves transporting older persons (as well as caregivers and children they are raising up to age 18) to and from community facilities and resources for purposes of acquiring/receiving services, to participate in activities or attend events to reduce isolation and promote successful independent living. Service may be provided through projects specially designed for older persons or through the utilization of public transportation systems or other modes of transportation.

TITLE IIIB COMMUNITY SERVICES

Legal Assistance - Legal Assistance shall include arranging for and providing assistance in resolving civil legal matters and the protection of legal rights, including legal advice, research and education concerning legal rights and representation by an attorney at law, a trained paralegal professional (supervised by an attorney), and/or a law student (supervised by an attorney) for an older person (or his/her representative).

TITLE IIIC – NUTRITION SERVICES

Congregate Meals (IIIC-1) – Makes nutritious meals available in a congregate meal setting to promote better health and to reduce isolation.

Home Delivered Meals (IIIC-2) – Provides nutritious meals to older persons who are homebound because of illness or incapacitating disability or are otherwise isolated.

TITLE IIID – DISEASE PREVENTION AND HEALTH PROMOTION SERVICES

Title IIID funds support proven evidence-based programs that enhance the wellness and fitness of the older population. Evidence-based programs have demonstrated outcomes that help participants adopt healthy behaviors and improve their health status, to reduce their use of hospital services and emergency room visits, and to mitigate the negative impact of chronic disease and related injuries, such as falls.

The Illinois Department on Aging requires that all funded evidence-based programs meet the highest-level criteria. The Chronic Disease Self-Management Program, Diabetes Self-Management Program and Matter of Balance meet the highest-level criteria and are currently receiving funding.

TITLE IIIE - NATIONAL FAMILY CAREGIVER SUPPORT SERVICES

Access Assistance - Assists caregivers in obtaining access to the services and resources that are available within their communities and ensures adequate follow-up.

Counseling – The service is often provided to caregivers in their homes and/or other locations convenient for them. It provides decisions and problem-solving skills related to their caregiver roles. It may also include participation in a support group.

Legal Assistance - see definition for Title III-B Legal Assistance

Respite Care – Services which offer temporary, substitute supports or living arrangements for care recipients in order to provide a brief period of relief or rest for caregivers.

Training and Education - Provides opportunities for caregivers to acquire knowledge, skills and support to better care for their loved ones.

TITLE VII SERVICES (ADULT PROTECTIVE SERVICES)

Adult Protective Services (APS) is a statewide program that is designed to respond to adults with disabilities and older adults who are victims of abuse, neglect, self-neglect, and financial exploitation by building on the existing legal, medical, and social service system to assure that it is more responsive to the needs of victims and the families. Several Area Agency staff are certified caseworkers and supervisors who do not provide direct services but assist with coordinating and monitoring service providers.

(APS) Multi-Disciplinary Teams – Each Adult Protective Service Provider maintains a Multi-Disciplinary Team (M-Team) consisting of a diverse group of medical, legal and other specialties who meet regularly serve in a technical advisory role. The Area Agency may send a representative to each service provider's M-Team meeting once per year.

(APS) Fatality Review Team (FRT) – Multidisciplinary and multi-agency reviews of deaths can assist the State and counties in developing a greater understanding of the incidence and causes of premature deaths and the methods for preventing those deaths, improving methods for investigating deaths, and identifying gaps in services to at-risk adults. The Area Agency has a staff representative on the PSA07/Lincolnland Fatality Review Team which meets four times per year.

Ombudsman – The Long-Term Care Ombudsman Program is a statewide advocacy program established and operated by the Illinois Department on Aging to protect and improve the quality of care and the quality of life for residents of long-term care facilities through individual and systemic advocacy for and on the behalf of the residents. This includes the promotion and the cultivation of best practices within long-term care services, and through the promotion of family and community involvement in the long-term care facility. It is resident-centered and makes every effort to assist, empower, represent, and intervene on behalf of the resident.

Local Service Providers

In FY 2019, the Area Agency on Aging for Lincolnland will award funds to organizations who provide services to persons 60 years of age and over and family caregivers throughout Planning and Service Area 07. Types of agencies funded may include:

- Centers for Independent Living
- Community Action Agencies
- County Boards
- County Health Departments
- Economic Development Corporations
- Hospitals
- Mental Health Agencies
- Not-for-Profit Foundations
- Private Not-for-Profit Social Service Organizations
- For-profit Companies (with required IDoA approval)
- Senior Centers

Home Delivered Meals

Home Delivered Meals are mandated through the Older Americans Act, have a designated funding source at the federal level, are funded for each of the twelve counties in PSA 07 and are currently provided by five Grantees, each serving multiple counties.

In PSA 07, State and Federal funds awarded for Home Delivered Meals generally are matched 100% by the total of local cash, in-kind, and participant contributions.

This important program faces a number of challenges: Costs of food, utilities, and gasoline are increasing; food preparation rules are more stringent; volunteers may not be reimbursed sufficiently to meet their expenses; paid staff may be needed to replace volunteers which takes them away from other important tasks.

Budget uncertainties in recent years made it very difficult to maintain services at adequate levels, and eventually, to gear up again quickly, in order to use funds within tight time frames. The Illinois Department on Aging, Area Agency on Aging and PSA 07 nutrition service providers worked closely together to rise to the challenge and ensure the highest possible availability of service during a difficult time. In FY 2018 all providers returned to their usual home delivery practices.

Area Agency on Aging for Lincolnland Direct Services

Historically, the Area Agency on Aging has received direct service waivers from the Illinois Department on Aging to provide Title IIIB Information and Assistance and Title IIIE Training and Education services and will again request approval to provide those services for FY 2019-2021.

Title IIIB Information and Assistance

Information and Assistance is a mandated activity of Area Agencies on Aging as stated in the Older Americans Act regulations. While all area service providers carry out community-based information and assistance activities in an informal manner related to their own programs, and all area Care Coordination Units (CCUs) are funded to provide Information and Assistance in the counties they serve, there is no agency in the Planning and Service Area capable of providing the service on an area-wide basis (e.g., respond to referrals from the Gatekeeper Program, the Eldercare Locator, and the IDOA Senior HelpLine). The Area Agency on Aging is the only area-wide agency which is designed to serve the 60+ population and family caregivers, has a toll-free telephone line, maintains an informative website, and keeps a Master Resource File on all known State and Federal benefits and services for the 60+ population in the Planning and Service Area. The Area Agency also is responsible for funding its share of the annual cost and maintaining the Aging IS Information and Assistance database data for PSA 07 (beginning in FY20).

Title IIIE Training and Education

Area Agency on Aging for Lincolnland will use Title IIIE funds to host a conference for family caregivers and grandparents raising grandchildren. FY 2020 will be the nineteenth consecutive year that AAAL has hosted this successful conference. The conference is targeted to informal caregivers and grandparents (or other relatives) raising grandchildren throughout the planning and service area and beyond.

The Area Agency will also continue to provide caregiver education on topics of interest in small group settings, often held at the Area Agency. Monthly sessions of the Lunch and Learn series are held during the noon hour for the convenience of working caregivers. In addition, AAAL will continue to look for new and innovative ways to provide caregiver education to reach caregivers in different parts of the service area, potentially at different times of the day.

GRF Social Isolation

Area Agency on Aging for Lincolnland will use GRF funds to address Social Isolation in PSA 07 through community education, outreach and intervention programs to reach those most at risk for social isolation, and by tracking progress of individuals reached. AAAL, in partnership with the Illinois Department on Aging and the other 12 Area Agencies on Aging in Illinois, will participate in marketing efforts and data collection in PSA 07, and will use new and existing programs to reach socially isolated older adults and connect them with opportunities to engage with others on an ongoing basis.

GRF Alzheimer's/Dementia Programming

Area Agency on Aging for Lincolnland will use GRF Funds to provide Supportive Gap-Filling services to meet the needs of persons with dementia and/or their primary caregivers within PSA 07. Gap-Fill services will be approved based on allowability within one of four categories: Medical Care and Supplies, Environmental and Material Aids, Community Access, and Other goods and services as needed.

PSA 07 Service Priorities

The service priorities for FY07 are outlined below. Should the amount of federal or state funding for FY07 decrease, AAAL will revise the service priorities based on the needs of developing a plan that would cause the least harm to consumers. Should the amount of federal and state funding increase, AAAL will extend services, addressing any unmet needs.

Service Definition	Projected Persons Served	Projected Units Served	Federal Funds	State Funds	Other Resources
Title III B Services					
Transportation	3,020	75,010	248,971	276,981	373,722
<i>(Provided by grantees throughout the entire service area.)</i> Transporting older persons to and from community facilities and resources for the purpose of acquiring and receiving services, participating in activities and attending events in order to reduce isolation and promote successful independent living. Providing assisted transportation to older persons who have difficulty using regular transportation. Assisted Transportation is “door to door”, and the escort will often wait with the older person at the destination.					
Information & Assistance	6,655	16,567	52,910	97,265	13,942
<i>(Provided by multiple grantees throughout the service area.)</i> Providing current information on opportunities and services available to seniors and people with disabilities within their communities; links the individuals to the services that are available; and, to the maximum extent practical, ensures that the individuals receive the services needed by establishing adequate follow-up procedures.					
Information & Assis AAAL	700	1,218	40,000		
<i>(Funds allocated specifically for information and assistance in the AAAL location.)</i>					
Options Counseling	2,865	3,834		72,709	
<i>(Provided by multiple grantees throughout service area.)</i> Providing a person-centered, interactive, decision-support process in which individuals receive assistance in making informed, long-term support choices based on their needs and preferences.					
Long Term Care Ombudsman	N/A	N/A	30,982	188,425	48,068
<i>(Provided by AAAL throughout the whole service area.)</i> Advocates for residents of long-term care facilities, developing rapport with residents and providing advocacy, support and education about their rights.					

Title III-C Services					
Congregate Meals	3,226	97,189	572,323		292,082
<i>(Provided by multiple grantees throughout the service area.)</i> Providing nutritious meals in congregate setting.					
Home Delivered Meals	2,512	272,968	308,155	952,660	409,908
<i>(Provided by multiple grantees throughout the whole service area.)</i> Nutritious meals delivered to older persons who are homebound because of illness/disability.					
Title III-E Services					
Evidence-Based Programs	93	802	31,432		3,871
<i>(Provided by grantees in Jersey and Macoupin County.)</i> Providing education and assistance for long-term chronic disease management and diabetes management while collecting data on services and procedures for seniors managing their own long-term health needs (Macoupin County). Providing Matter of Balance (MOB) fall assessment, prevention trainings and interventions while collecting data to reduce fall risk for seniors at home.					
Title III-E Services					
In-Home Respite	123	5,033	73,574		5,891
<i>(Provided by grantees throughout the entire service area.)</i> Providing temporary, substitute support to allow family caregivers a brief period for rest or to attend to other needs or to help seniors with disabilities in home.					
Access Assistance	700	1,218	40,519		15,278
<i>(Provided by grantees throughout the entire service area.)</i> Providing caregivers with current information on opportunities and services available to them within their communities; links the individuals to the services that are available; and, to the maximum extent practical, ensures that the individuals receive the services needed by establishing adequate follow-up procedures.					
Training & Ed. (AAAL)	402	758	18,533		2,138
<i>(Provided by AAAL throughout the service area.)</i> Information Service that is directed to large audiences of current and potential caregivers, such as monthly Lunch and Learns the Senior Care Givers Conference.					
Legal Assistance	98	107	8,532		7,227
<i>(Provided by one grantee for the entire service area.)</i> Legal services that include arranging/providing assistance in resolving civil legal matters and the protection of legal rights, research and education of legal rights, representation by an attorney at law or paralegal for older persons.					

Counseling	426	942	74,642		12,437
<i>(Provided by grantees throughout service area.)</i> Office-based personal counseling services and group counseling services to address caregiver needs associated with stress relief, information, respite needs and any additional support services needed by the caregiver.					
Title VII Services					
Adult Protective Services (M-Teams)	N/A	N/A	12,337		N/A
<i>(Provided by grantees throughout the service area.)</i> A service that responds to reports of abuse, neglect and financial exploitation of older adults (60+) and adults with disabilities (18-59) providing investigation, intervention and follow-up services to victims.					
Ombudsman	N/A	N/A	37,089		N/A
<i>(Provided by AAAL throughout service area.)</i> Advocating for residents of care facilities, developing report with residents and providing advocacy, support and education about their rights.					
Grand Total	21,215	477,548	1,592,958	1,588,040	1,245,505

*Funds based on FY 2018 Allocations. Persons and Units based on FY 2019 projections.

**Other Resources include: Nutrition Services Incentive Program (NSIP), Program income, Local Cash, In-Kind.

AREA AGENCY ON AGING FOR LINCOLNLAND ADMINISTRATIVE AND ADMINISTRATIVELY RELATED DIRECT SERVICES

FY 2019 PROJECTED BUDGET

Under the Older Americans Act of 1965 and subsequent amendments, it is the responsibility of the Area Agency on Aging to provide leadership in the development and enhancement of a comprehensive and coordinated community- based service system for the elderly through the Administration of State and Federal funds, and through advocacy, coordination and program development. Area Agencies must limit administrative costs to 10% of the Title III allocation for the Planning and Service Area. The Agency projects to spend approximately \$267,967 for Title III/GRF and Title VII-EA administration during Fiscal Year 2019.

Administrative activities in Fiscal Year 2019 will include:

- Overall Management of the Area Agency
- Budgeting, Accounting and Fiscal Management
- Planning and Procurement of Services
- Grant and Contract Administration
- Coordination and Training
- Representation on task forces, committees and coalitions
- Developing and maintaining website (www.aginglinc.org) and informational materials
- Updating Policy and Program Operations Manual for grantees
- Maintaining accurate information in the ESP database

Administratively Related Direct Services and the projected costs for Fiscal Year 2019 are listed below.

Program Development \$88,177

Area Agency activities include working with various State and local organizations to establish new services, monitoring and evaluating existing programs, conducting the subgrantee application process, reviewing applications for funding, reviewing required subgrantee reports, providing technical assistance, and completing required reports to the Department on Aging.

Advocacy \$23,500

The Area Agency on Aging conducts annual Public Hearings in conjunction with the Area Plan or amendments to the Area Plan. The Area Agency attends legislative hearings and advocates to members of congress and the legislature on behalf of the needs of the elderly in our area. The Area Agency Advocacy Committee undertakes activities to advocate on behalf of the area's older adult population at the state, national and local levels.

Coordination \$61,265

The Area Agency assists service providers develop and follow service standards and policies necessary for maintaining a comprehensive and integrated service delivery system, facilitates coordination meetings among service providers, works with

agencies outside the Title III network, and links with other social service networks. Area Agency staff members participate on the Illinois Caregiver Task Force, the Illinois Nutrition Advisory Council, and the Illinois Senior Olympics Steering Committee. AAAL also plays a key role in the coordination of the annual Senior Celebration, and participates as leader in the coordination of the areawide response to the need for assistance with Medicare Part D enrollment. The Area Agency on Aging is a member of the Illinois Association of Area Agencies on Aging, the National Association of Area Agencies on Aging, and the Illinois Aging Services Foundation.

Other Area Agency Activities

In addition to the persons served through programs funded with Federal and State funds awarded by AAAL, the Area Agency serves individuals through the following activities:

Senior Employment Specialist Program - The Area Agency provides initial eligibility screening for an employment training program for people who are age 55 and older, and who meet Federal poverty guidelines. Those who self-report that they meet the initial criteria are referred to National ABLE for additional screening and information. The training program takes place at a host site and lasts a maximum of 48 months.

Senior Farmers' Market Nutrition Program – AAAL oversees the distribution of coupons to eligible seniors to be used to purchase fresh, locally grown produce in two counties. This program is available in Sangamon, Jersey, Logan, and Morgan counties.

Senior Health Assistance Program (SHAP) – The Area Agency and its network of local service providers have been active in efforts to assist older persons and persons with disabilities to learn about, select, and enroll in Medicare Part D and other pharmaceutical assistance program.

Senior Health Insurance Program (SHIP) – AAAL is a certified SHIP site and as such educates consumers and answers questions about Medicare, Medicare Supplements, long term care insurance, Medicare HMOs, private fee-for-service and other health insurance; assists in filing Medicare and Medicare Supplement claims; and analyzes Medicare Supplement and long-term care policies.

Senior Medicare Patrol Program – AAAL participates in this statewide partnership with the other Area Agencies in Illinois, coordinated by AgeOptions. The goal is to help fight waste, fraud and abuse, ensuring that benefits are not exploited and that people get the health care assistance they need.

The Illinois Senior Olympics Advisory Committee - An Area Agency representative attends and participates in Advisory meetings. One or more Area Agency representatives volunteer(s) at the Senior Olympics.

The Central Illinois Senior Celebration - Several AAAL staff attend and distribute information at the event which often attracts about 3,000 older adults who participate in health screenings and learn about a wide array of services and resources.

Aging and Disabilities Resource Collaboration (ADRC) – The Lincolnland ADRC consists of representatives from the Illinois Network of Centers for Independent Living (INCIL), all three Community Care Units, all three Centers for Independent Living, and other community service providers who meet quarterly and work together in a coordinated manner to provide consumers with points of entry to public benefit programs, community-based services and long-term support services.

Committees and Task Forces: Illinois Department on Aging Ombudsman Advisory Group, Illinois Association of Area Agencies on Aging (I4A), including the I4A Legislative Committee, and IDOA Nutrition Advisory Council.

Area Plan Initiatives

The following initiatives are special activities that Area Agency staff members will address during this 3-year Area Plan.

Enhance Illinois' Existing Community-Based Service Delivery System to Address Social Isolation among Older Adults: Reduce the social isolation of older people in PSA 07. The Area Agency on Aging for Lincolnland has developed a Task Force consisting of business and community leaders and volunteers, to address Social Isolation in PSA 07. We will be providing community education and outreach throughout the service area, targeting multiple business sectors including the medical community, first responders, police and fire departments, businesses, funeral homes, pharmacies, and others. In addition, The Area Agency on Aging for Lincolnland will begin interventions in the service area for those older adults identified as being at risk for social isolation. AAAL is working with colleagues from the Area Agencies on Aging in Illinois and the Illinois Department on Aging to develop a statewide marketing campaign to raise awareness, and sharing strategies for addressing isolation in our respective service areas.

Continue to build on the concept of creating dementia-friendly communities and to support *Creating and Sustaining Dementia-Capable Service Systems for People with Dementia and their Family Caregivers*: Expand Alzheimer's/Dementia programming throughout PSA 07, and send staff for training in the Stress-Busters program, to complement caregiver education and provide better support to caregivers of older adults living with Alzheimer's/Dementia related disorders. In addition, the Area Agency on Aging for Lincolnland will provide gap-fill services throughout PSA 07.

Expand on Evidence-Based Programs within PSA 07:

Expand evidence-based programs in PSA 07 by adding Stress-Busters, the Aging Mastery Program, and others to our offered curriculums for older adults throughout the service area.

Other Funding Possibilities

Continue to research other funding possibilities by utilizing staff to research outside grants that fit with the mission of the Area Agency on Aging for Lincolnland. Investigate potential partnerships with other AAA's and organizations with similar goals for funding and joint programming possibilities.