



Join us (virtually) for the re-launch of the Lunch & Learn Program!

Lunch & Learn Programs are *FREE*, monthly, one-hour sessions offered to current, future, and prior caregivers.

These programs are presented by professionals on various topics related to caregiving for an older adult.

Please join us **virtually** from 12:00 – 1:00 pm on the 3rd Wednesday of each month.

Pre-registration with AgeLinc (Area Agency on Aging for Lincolnland) is **required by January 19th**
to ensure all participants receive the link to join the program.

January 20, 2021
12:00 – 1:00 pm

Long-Term Care Options and Common Problems

Presented by: Mark Schwartz – ICARE Long-Term Care Ombudsman

Join us to learn about the different levels/types of long-term care available and how to choose a facility. We will discuss common problems reported in long-term care facilities and the process for addressing and resolving those problems.

****Lunch & Learn Programs are FREE of charge to participants****
Pre-register by calling AgeLinc: (217) 787-9234