

LUNCH & LEARN FOR CAREGIVERS

WEDNESDAY
JUNE 12TH, 2024
12-1PM

PRESENTED BY: KATE SCHWARTZ, ICARE OMBUDSMAN

**I HAVE THE RIGHT TO BE TREATED WITH
DIGNITY & RESPECT**



ICARE

LONG-TERM CARE OMBUDSMAN

**FREE Advocacy for
Nursing Home Residents**

(217) 523-8419

Kate will be speaking about ICARE and the Long Term Care Ombudsman Program.

Illinois has a Long-Term Care Ombudsman Program (LTCOP) that helps residents of Assisted Living and Nursing Facilities resolve complaints.

Long-Term Care Ombudsman duties:

- Advocate for better quality of life and care
- Help seniors and adults with disabilities self-advocate
- Educate consumers and providers about residents' rights and good care practices
- Promote community involvement through volunteer opportunities
- Provide information to the public on nursing homes, long-term care facilities and services, residents' rights, and policy and legislative issues

**REGISTRATION IS REQUIRED
BY JUNE 10TH**

To Register:

Call AgeLinc

(217) 787-9234

AgeLinc



Area Agency on Aging for Lincolnland

Lunch & Learn Programs are FREE, monthly, one hour sessions offered to current, future, and past caregivers. These programs are presented in person by professionals on the 3rd Wednesday of each month. Lunch will be provided, registration is required.