

LUNCH & LEARN FOR CAREGIVERS

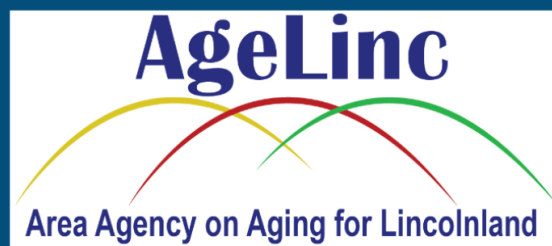
WEDNESDAY
MAY 13, 2026
11:30-1PM

Open Discussion

This month's session will be an Open Discussion format to get to know each other a little better. This will be a good time for new attendees to introduce themselves to the group.

**REGISTRATION IS REQUIRED
BY MAY 8, 2026**

**To Register:
Call AgeLinc
(217) 787-9234**



Lunch & Learn Programs are FREE, monthly sessions offered to current, future, and past caregivers. These programs are presented in person by professionals on the 3rd Wednesday of each month. Lunch will be provided, registration is required. This program is funded in part by the Older Americans Act through the Illinois Department on Aging.